6 servings per container Serving size 1 parfait Amount Per Serving Calories 260 **Daily Value** Total Fat 2g 3% Saturated Fat 0.459g 2% Trans Fat 0.006g Polyunsaturated Fat 0.723g Monounsaturated Fat 0.648g Cholesterol < 5mg 1% Sodium 125mg 5% Total Carbohydrate 50g 18% Dietary Fiber 7g 25% Total Sugars 34g Includes 16g Added Sugars 32% Sugar Alcohol 0g Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10% Potassium 557mg 10%	Nutrition Fa	acts
Calories 260 % Daily Value* Total Fat 2g 3% Saturated Fat 0.459g 2% Trans Fat 0.006g Polyunsaturated Fat 0.723g Monounsaturated Fat 0.648g Cholesterol < 5mg 1% Sodium 125mg 5% Total Carbohydrate 50g 18% Dietary Fiber 7g 25% Total Sugars 34g Includes 16g Added Sugars 32% Sugar Alcohol 0g Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Includes 1667mg 10%	.	1 parfait
Total Fat 2g 3% Saturated Fat 0.459g 2% Trans Fat 0.006g Polyunsaturated Fat 0.723g Monounsaturated Fat 0.648g Monounsaturated Fat 0.648g Cholesterol < 5mg 1% Sodium 125mg 5% Total Carbohydrate 50g 18% Dietary Fiber 7g 25% Total Sugars 34g Includes 16g Added Sugars Sugar Alcohol 0g 32% Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%	_	260
Saturated Fat 0.459g 2% Trans Fat 0.006g Polyunsaturated Fat 0.723g Monounsaturated Fat 0.648g Monounsaturated Fat 0.648g Cholesterol < 5mg		% Daily Value*
Trans Fat 0.006g Polyunsaturated Fat 0.723g Monounsaturated Fat 0.648g Cholesterol < 5mg	Total Fat 2g	3%
Polyunsaturated Fat 0.723g Monounsaturated Fat 0.648g Cholesterol < 5mg 1% Sodium 125mg 5% Total Carbohydrate 50g 18% Dietary Fiber 7g 25% Total Sugars 34g Includes 16g Added Sugars 32% Sugar Alcohol 0g Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%	Saturated Fat 0.459g	2%
Monounsaturated Fat 0.648g Cholesterol < 5mg	Trans Fat 0.006g	
Cholesterol < 5mg 1% Sodium 125mg 5% Total Carbohydrate 50g 18% Dietary Fiber 7g 25% Total Sugars 34g Includes 16g Added Sugars Sugar Alcohol 0g 32% Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%	Polyunsaturated Fat 0.723g	
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Total Carbohydrate 50g 18% Dietary Fiber 7g 25% Total Sugars 34g 32% Includes 16g Added Sugars 32% Sugar Alcohol 0g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%	Cholesterol < 5mg	1%
Dietary Fiber 7g 25% Total Sugars 34g 32% Includes 16g Added Sugars 32% Sugar Alcohol 0g 17% Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%	Sodium 125mg	5%
Total Sugars 34g Includes 16g Added Sugars 32% Sugar Alcohol 0g 17% Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%	Total Carbohydrate 50g	18%
Total Sugars 34g Includes 16g Added Sugars 32% Sugar Alcohol 0g 17% Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%	Dietary Fiber 7g	25%
Sugar Alcohol 0g Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%		
Sugar Alcohol 0g Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%	Includes 16g Added Sugars	32%
Protein 8g 17% Vitamin D 1.851mcg 10% Calcium 247mg 20% Iron 1.667mg 10%		
Calcium 247mg 20% Iron 1.667mg 10%		17%
Iron 1.667mg 10%	Vitamin D 1.851mcg	10%
	Calcium 247mg	20%
Potassium 557mg 10%	Iron 1.667mg	10%
	Potassium 557mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a

day is used for general nutrition advice.